

# The Charismatic Charlie Wade Chapter 2337 – 2338

## Chapter 2337

“Change to a new route?!”

Aoxue couldn't help exclaiming: “Master Charlie, what do you mean by changing the route? Is it... letting me practice judo, taekwondo or something?”

“Of course not.” Charlie smiled deeply and said seriously: “Whether it is our country's ordinary traditional martial arts, or taekwondo, jeet-Kwon-do, Sanda, fighting, boxing, they are all things on the same road. If you change back and forth between them, you can only change the direction at best, and it is impossible to talk about completely changing to a new route.”

Aoxue asked incomprehensibly: “Master Charlie, what you said, I don't understand. These events are common competitive martial arts events now. If I don't practice these, what should I practice?”

Charlie said calmly: “Have you heard of Neijiaquan?”

“Inner family boxing?!” Aoxue asked dumbfounded: “Could it be...is it the core and most secret boxing techniques of those top martial arts families?”

Charlie smiled and said, “Yes.”

Aoxue blurted out: “Master Charlie...I have heard of China's four major martial arts families. It seems that each family has its own set of internal martial arts techniques. The secret is known, only by the direct blood relatives of the family, it is impossible for outsiders to learn even if they spend more money, I... can I have such an opportunity?”

In Aoxue's view, Neijiaquan was not something she had the opportunity to practice.

This kind of internal boxing technique is the secret of the top martial arts family, and it is also the core of the family's survival. It is like a secret formula of medicine, and it is absolutely impossible to disclose to outsiders.

Therefore, even if Qin Gang already has a net worth of tens of billions, his daughter Aoxue can only practice fighting and Sanda, a popular and common item.

A martial arts family which mastered internal martial arts, in the martial arts field, even the very top hand.

And such a family is far beyond the control of a family of the size of the Qin family.

The four major martial arts families in China depended on almost all trillion-level top families. Even if they survived by these top families, the martial arts family would never give up their internal secrets fist, because this is what they cannot do. The key to standing tall cannot become a common secret.

However, in Charlie's eyes, the internal martial arts that martial arts people highly respected was worthless.

In the "Nine Profound Sky Classics", just a variety of different levels of internal martial arts, at least a few hundred types are recorded, and these are just some very low-end martial arts.

In fact, the truly powerful exercises are not internal martial arts at all, but real energy and spiritual energy.

If voltage and current are used to measure the gap between Neijiaquan and True Qi and Aura, then Neijiaquan is like an ordinary AA battery. The voltage is only 1.5 volts and the current is very small.

Compared with the aura of the inner family boxing method, Zhenqi is equivalent to UHV electricity, which can start at 500,000 volts, even millions of volts.

The gap in this is simply a world of difference.

Therefore, Charlie didn't even see the inner boxing technique in the "Nine Profound Sky Classics".

It was just that he found that Aoxue could not find a suitable boxing method to practice right now, so he suddenly thought of these inner boxing methods and planned to choose one from them and let Aoxue practice.

So, he smiled and said to Aoxue: "I happen to know a kind of inner family exercise that is very suitable for girls to practice, called "Four Elephant Palm". If you are interested, I can teach you?"

When Aoxue heard this, she was shocked and speechless!

Although she doesn't know what kind of inner family practice this "Four Elephant Palm" is, as long as it is in the category of inner family boxing, it is a priceless treasure!

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And Charlie is now willing to teach this priceless treasure to her, what a gift this is.

Seeing Aoxue not speaking, Charlie smiled and asked her: "Why, don't you like it? Would you like to change it?"

"No, no, no!" Aoxue's eyes were tearful, and she waved her hand quickly: "Master Charlie, I don't dislike it. I just think it's incredible... For many martial arts families, inner martial art is a tradition. The treasure of the family is the foundation of the family's foothold. It will never be passed on to outsiders, and many of them are only passed on from men to men. How are you willing to teach such a precious inner family boxing technique to me..."

Charlie smiled and said: "In the eyes of others, this kind of internal martial arts may indeed be very precious, but in my eyes, it is really nothing. You should practice this "Four Elephant Palm" first. If you think of it someday not longer worthy of your strength, I will give you another one."

What does the so-called "Four Elephant Palms" mean? Charlie didn't know who left the inner boxing method. He only knew that this inner boxing method was more suitable for girls to practice in the records of the "Nine Profound Sky Classics".

Moreover, in the record, the “Four Elephant Palm” was divided into nine layers, and the exercises were also divided into nine parts from one to nine. So Charlie wrote the first layer and handed it to Aoxue.

This is not Charlie stinging, but this kind of inner strength mental method, like a student’s textbook, different grades correspond to different grades of textbooks.

If a person is about to enter the elementary school from pre-kindergarten, the best way is to study the textbooks for the first semester of the first grade.

If at this time, all the textbooks for the entire 9-year compulsory education were thrown to her, it would make her lose her priority, interest, and patience.

Therefore, Charlie’s idea is to give her the first layer of “Four Elephant Palm” first and let her enter the door of the internal family boxing first. If she practices well and makes rapid progress, then he will give her the second layer. she was ready for that.

For Aoxue, the mentality of “Four Elephant Palms” almost opened the door to a new world in her cognition.

She carefully looked at the whole set of mental methods and said falteringly: “Master Charlie, I...I don’t seem to understand...There are so many names of acupuncture points and meridians. What does that mean?”

Charlie smiled slightly and explained: “The biggest difference between the inner boxing and the outer boxing is that there is an extra qi from the inside.”

After that, he said earnestly: “As the so-called internal practice, one breath, external muscles, and bones, the most important thing in the internal family boxing is the qi in the body.”

Aoxue hurriedly asked him: “Then how can I take a breath inside? I can’t perceive the existence of those acupuncture points and meridians...”

Charlie smiled and said: “Ordinary people can’t perceive it. It’s not that one doesn’t have this ability, but that one can master how to perceive meridians and acupuncture points.”

After that, Charlie asked her: “Have you ever heard of a stunt or acrobatic performance called ventriloquism?”

Aoxue hurriedly asked, “Vanus? Is it the way to speak with your stomach without moving your mouth?”

Charlie nodded: “Yes! That’s it!”

Aoxue hurriedly said: “When I was young, my father took me to a ventriloquism show in a circus. The performer held a doll in his hand, and then he could talk to his own doll. When he talked, he would talk to ordinary people. Just open his mouth to say, but when he needs a doll to speak, he will close his mouth. In abdominal language, it felt quite magical...”

Charlie smiled and said: “In fact, abdominal language does not mean really speaking with the belly, but after he learns to master the breath, he presses the breath down into the abdominal cavity and then uses the breath in the abdominal cavity to drive the vocal cords to produce sound. Mouth and tongue not moving at all.”

Aoxue exclaimed: “Ah?! This is too difficult, right?”

Charlie smiled and said: “We ordinary people will definitely think that this kind of thing seems to be difficult because when we speak, we can’t feel where the so-called breath is, but after you study and practice breath for a period of time, then you can master the breath.”

“At that time, you can naturally control your breath to sink into the abdominal cavity, or sink into the core!”