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Mistaking the CEO for a Gigolo Chapter 1291

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Depression.

Evan also started to worry when he heard the word. It looks like I need to look into this matter about Chris as soon as possible.

"Daddy, I heard that people with serious depression would have suicidal tendencies. Is that right?"

Evan nodded and reminded Maya to pay close attention to Nina's actions during that period. He also wanted her to let him know immediately should anything happen.

"Yes, I will, Daddy."

During breakfast, Nina kept her head down without uttering a word when the whole family sat around the table. She was like a puppet eating her bread and eggs, ignoring everyone. Soon, she finished everything on her plate.

She then raised her head to look at Maya. "Is there any more food?"

"I'm not sure. I did not make breakfast. Do you want to eat mine? I'm not hungry."

As soon as Maya's words fell, Nina reached out for Maya's plate and started eating.

Evan and Nicole glanced at each other with their faces full of concern.

It had been obvious that Nina's weight had been increasing tremendously. They worried that she would become a little fat girl if nothing changed.

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"Nina, after eating, I'll bring you to the hospital. Okay?"

Nina paused suddenly. She raised her head and had a dismissive look on her face as her gaze met Nicole's. "Why do you want to bring me to the hospital?"

"Nina, I..." Nicole pondered for a moment, then continued, "I'm going to the hospital for a checkup. Can you and Maya accompany me? Both of you will also do a health checkup. All right?"

Health checkup?

Nina was stunned. She knew that Nicole felt that she was behaving abnormally, and the main reason was to bring her to the doctor.

"Mommy, I don't want to go."

"Nina, be a good girl. Accompany your mommy," Evan suggested.

"Yes, Nina. Let's accompany Mommy together. You always coop yourself up in your room. It won't be beneficial for your health if this continues. Just treat it as you're going out for a breath of fresh air."

Nina no longer objected. She changed her outfit after finishing her food. Then, she went to the hospital together with Nicole and Maya.

They exited the hospital after completing their checkups. Looking at Maya, who was walking in front, looking dejected, Nicole was deeply worried.

The test result showed that Nina had depression. Out of the ten mental indicators, she scored extremely high on nine of them. The doctor administered some medicine and gave Nicole some advice. Those with depression needed to increase their physical activities. He also reminded Nicole to look out for behaviors of self-harm or suicidal acts.

Nicole felt her chest tightening. That matter was at the top of her priority list.

Back home, Maya suggested that she could take care of Nina as there were people helping her out with the food plaza.

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Nicole had her concerns. "Maya, you can look after Nina, but don't keep making food for her. It will hit her harder if she becomes obese. Losing weight is also not an easy task."

"Okay, Mommy. Don't worry. I will be mindful about this."

"Maya, is it okay for you to do this yourself? Do you need me to help you out?"

Evan pondered for a moment then suggested, "Nicole, it's better if you don't interfere as this may increase Nina's pressure. We have maids in our house. Maya can get their support if she needs anything. Also, Maya, try to get Nina to move around more. Don't stay at home all the time. Accompany her for walks outdoors."

"Okay, Daddy."

Half an hour later, Maya cautiously knocked on Nina's room door.

Nina sat up from her bed despondently. When she saw Maya, she asked if she needed anything listlessly.

"Nina, let's hang out in the evening. We have not been to the shopping mall for a very long time. Let's go together."

"I don't want to."

"Nina, our birthday is coming soon. Let's get a present for Mommy. Mommy had a hard time giving birth to us last time."

Without saying a word, Nina shook her head. She still had no motivation to head out.

Maya then grabbed Nina's hand and tried convincing her. Nina only felt that the nagging was giving her a headache. She pushed Maya out of her room grumpily, then locked the bedroom door.

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