"Haha! Me too! I've always been feeling some sort of pain in my back and waist before this, but ever since having the herbal cuisine prepared by Fan, I noticed that all the pain has subsided—I feel healthy and energetic again." Bai Shan couldn't help but tell everyone about his condition as well.

Noticing his family was so happy, Lin Fan touched his nose and grinned. "If you guys like it so much, from now on, I can prepare an exclusive dish for each one of you every day based on your health condition!"

Lin Fan managed to cheer Bai Yi and her family up with just a simple sentence.

Soon, when all dishes were ready, Bai Yi, Bai Shan and his wife started to dig in happily.

All the dishes were so delicious that they just couldn't have enough of it.



Within seconds, they engulfed almost all of the dishes on the table. They ate so fast that it seemed as though they directly swallowed all dishes without chewing.

After lunch, Bai Yi rushed to the office and continued with her busy work. On the other hand, Bai Shan took Shen Yumei—who was still wheelchair-bound—out for a stroll.

Just as Lin Fan was about to clean up all the dishes and leftovers, the doorbell rang suddenly.

Eh?Lin Fan froze for a moment before walking forward immediately and opened the door.

As he opened the door, Lin Fan saw a doctor standing outside who was sweating profusely. The doctor was ecstatic when he saw Lin Fan and exclaimed immediately, "Chairman Lin, something has happened at Yifan



Hospital of Integrated Traditional Chinese and Western Medicine!"

What? The expression on Lin Fan's face changed abruptly when he heard that.

He recognized the doctor who was standing in front of him; he was the emergency doctor who rescued Shen Yumei when she was hit by a car previously.

Almost immediately, Lin Fan asked anxiously, "What happened?"

"Chairman Lin, a young man showed up in front of the entrance of our hospital today and said that he came to look for Divine Doctor Lin. However, he was blocked by our security guards, who stopped him from entering the hospital. After that, the young man bragged about challenging the doctors from our hospital. He even claimed that our hospital is a fraud! Getting upset with his rude and baseless accusations,



some of the doctors went out to accept his challenge." As he said that, the doctor looked really shocked as if he'd seen a ghost. He continued immediately, "Surprisingly, the young man's Traditional Chinese Medicine skill is so incredible that even Dr. Xu from the Surgical Department, Director Zhang, Director Liu and several others were defeated by him after they accepted his challenge. Our Yifan Hospital of Integrated Traditional Chinese and Western Medicine has become a laughing stock now!"

What? The expression on Lin Fan's face changed abruptly when he heard that; he knew that every doctor from Yifan Hospital of Integrated Traditional Chinese and Western Medicine were experienced physicians who possessed extraordinary medical knowledge. Apparently, the young man was exceptionally skilled in medicine since he could defeat so many doctors consecutively.



"How about Elder Gao and Mike?" Lin Fan asked seriously with a grim look on his face.

"Currently, it's Elder Gao's turn to personally accept the young man's challenge," the doctor replied with a really awful look on his face. "However, the young man is a very skilled physician; he's way more talented and skilled than what we had expected. Things don't look very good for Elder Gao, and I think he can't hold on any longer!"

Elder Gao can't hold on any longer? Lin Fan felt the young man wasn't an ordinary person when he heard the doctor's words. He then said immediately, "Come on, let's go and have a look!"

As he finished speaking, Lin Fan went out and locked the door before rushing to Yifan Hospital of Integrated Traditional Chinese and Western



Medicine with the doctor immediately.

...

At the same time, Bai Shan and Shen Yumei were stopped in their tracks too while they were out on a stroll.

"Old Mister, why do you keep stopping us?" Bai Shan stared at the elderly man in hemp clothing standing in front of him with an intense helpless look across his face.

They bumped into the elderly man in hemp clothing not long after they went out today. What made Bai Shan feel helpless was after the elderly man saw them, he kept following closely behind them like they were some kind of precious treasures; the old man refused to leave even after following them for some distance. Now, he just stopped in front of them, directly blocking their way.



The elderly man in hemp clothing looked like he was over eighty years old; his hair was silver and his face was wrinkled. However, his eyes appeared energetic and intelligent, looking like they were able to see through everything clearly.

Right now, he was studying Bai Shan and Shen Yumei carefully from head to toe. Finally, he said, "Mister, do you mind me asking what medication you're on most of the time? I can tell that you're already in your fifties, yet you look healthy and energetic like a young man in his thirties. Why is that so?"

What?Bai Shan was dazed as soon as he heard the elderly man in hemp clothing. I look healthy and energetic like a young man in his thirties?

Bai Shan frowned and asked curiously, "Old Mister, I don't get you clearly. I'm fifty-five years old now, and I'm not on any medication most of the time. Why do you say that I look young and energetic like a thirty-year-old young man?"

Not on any medication? Upon hearing this, excitement flickered in the elderly man's eyes as his interest for Bai Shan grew. "That's impossible! Mister, do you know that once a person reaches his fifties, all mechanisms and functions of organs in his body will start to deteriorate at a horribly rapid speed! I was observing you when we were strolling just now, and I noticed that your body functions did not deteriorate. On the contrary, there are signs of rejuvenation in your body! Thus, I absolutely won't believe it if you say you aren't on any sort of medication!"

Bai Shan and Shen Yumei were baffled when they heard this. Signs of rejuvenation?

Are you f\*cking kidding me?At that moment, Bai Shan stared at the elderly man in hemp clothing like h



e was looking at a fraudster.

However, before he could refute the elderly man in hemp clothing, the latter continued, "Mister, you are able to fall asleep easily every night now, am I right? Furthermore, you can wake up on time almost every morning. Besides, you have this feeling like your energy keeps on increasing and your skin seems to grow firmer as time passes, do you? Not to mention that you have morning erections every day now."

Whoa... holy sh\*t! Bai Shan was completely dazed after he heard the elderly man's words.

Even though he felt slightly embarrassed, what the elderly man said was completely true.

Before this, Bai Shan had always felt pain in his waist and back; he always had problems sleeping at night and suffered from insomnia all the time. But now, he fell asleep quite easily every night and woke up at a fixed time every morning—he even has morning erections every day. Moreover, Bai Shan noticed he was stronger than before; he could walk faster than usual, and he didn't feel tired no matter how far he walked.

## About this ...

"Old Mister... how did you know about this?" Bai Shan was very shocked indeed. He was sure that it was his first time meeting the elderly man. He couldn't believe the old man was right on everything he said about his body condition. This was absolutely unbelievable!

"I was right then!" The elderly man in hemp clothing was ecstatic as soon as he heard Bai Shan's confirmation.

"Mister, what I said just now are signs of rejuvenation, which has happened to you for the past few days. According to

what martial artists say, this is known as Bones and Tendons Reformation Technique. If this continues on, your body functions can be revitalized until it resembles that of a young man in his twenties!"

Gasp!The elderly man's words shocked Bai Shan. Naturally, he had heard some information about the martial artists' Bones and Tendons Reformation Technique. He knew it took martial artists years of hard work and all-daylong harsh practices to achieve this. Yet, how was it possible for him to achieve the effect of bones and tendons reformation without undergoing any sort of harsh practices?



Rate the Translation to Get 2 Pearls.



Wait! I Have Something to Say!



Send a Gift to the Writer!