

According to the records of "Nine Xuantian Jing", martial arts is actually the entry point for many people to practice spiritual energy. Many people have no talent to control spiritual energy, so they can only enter the Tao with martial arts first, and use the martial arts mentality to cultivate true energy, and at the same time get through The dantian and the meridian, after the strength breaks through the master realm, they will have the ability to transform true energy into spiritual energy.

Moreover, it was also mentioned in the "Nine Xuantian Jing" that in ancient China, there were as many martial arts people as a cow's hair, and there were many sects, just like the rivers and lakes in martial arts.

Why martial arts fighters like to snatch high-level martial arts is similar to the pursuit of high-level martial arts by martial arts practitioners back then.

The skills in martial arts can make people become unparalleled masters in the world.

And high-level martial arts mentality can make people achieve extraordinary bodies.

If a person cultivates a mental method and cannot reach the state of Dark Realm Dzogchen, it may be that this person is not strong enough or talented enough.

But if thousands of generations of people have practiced this mental method, and no one has reached the state of great perfection in the dark realm, then it proves that this mind-breaking method is simply nonsense, either it is garbage among garbage, or it is simply a fragment.

When Hong Changqing saw that charlie questioned the mentality passed down by the master for thousands of years, his face immediately flushed, and he said falteringly, "Impossible... Absolutely impossible... These are all mental methods that have been passed down for thousands of years. How could it be incomplete? Well... besides, how can there be any masters of transformation realm and master realm now..."

charlie said with a smile, "Since there are transformation realm and master realm, it proves that there must be someone who has reached this height. Why can't people nowadays reach this level?

Height? Could it be that modern people eat well, dress well, and live a long time?"

Hong Changqing was speechless for a while.

charlie said again, "You might as well write down your Taizhen Dao's martial arts mentality and show it to me. I'll know if it's complete." Hong Changqing's face was covered with blue, and he said depressedly, "Master Wade, if

you If you want me to be too sincere, as long as you say a word, my subordinate will write it down for you immediately, and you don't have to fool me like a three-year-old child..." As he spoke, he explained sincerely, "This subordinate is not reluctant Telling you this method is mainly because I am worried that this practice will be spread, and I will be speechless in the future to face the patriarch..." charlie snorted, "You old boy, you keep saying that you are loyal to me, but you still miss the teacher in your heart , It's really hypocritical!"

Hong Changqing quickly waved his hand, "Master Wade is wronged, Master Wade! The subordinates really serve you wholeheartedly, and they dare not neglect you. The sun and the moon can learn from the focus of the subordinates!" charlie smiled

contemptuously , and asked him, "Hong Changqing, let me ask you, in your mind, which one is greater, your teacher or me?"

"This..." Hong Changqing smacked his lips, pursed his lips and scratched his head, and then said with difficulty, "Master Wade, it's not that I, Hong Changqing, cheated. There are two poisonous oaths, one is that you will never betray the teacher's sect in this life, the other is that you must not pass on the secret of the untransmitted Taizhen Dao to outsiders, even ordinary disciples in the sect, and the other is to find someone for the master's sect. a chief successorThe successor, spare no effort to cultivate him, let him inherit the mantle of Taizhen Dao, if he fails to do one thing, he will die! "